

# Heathfield Knoll School

# Week 3

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Dish of the Day 1</b>	Sweet and Sour Chicken with Rice	Reggae Reggae Pork	Roast Pork with Stuffing and Apple Sauce	Cottage Pie	Breaded Fish
<b>Dish of the Day 2</b>	Sausage Casserole	Meatballs in a Tomato Sauce with Pasta	Roast Pork Baguette	Thai red Turkey Curry with Rice	Turkey Burger
<b>Vegetarian</b>	Veggie Sausage Casserole	Quorn Ball in a Tomato Sauce with Pasta	Roasted Quorn Joint	Vegetable Curry	Veggie Burger
<b>Potato of the Day</b>	Herby Diced Potatoes	Jacket Wedges	Baby Roast Potatoes	New Potatoes	Oven Baked Chipped Potatoes
<b>Vegetable Selection</b>	Sweetcorn Broccoli	Peas Cauliflower	Courgette Provencal Carrots	Savoy cabbage Sweetcorn	Peas Baked Beans
<b>Light Bite</b>	Jacket Potato	Pasta Bar	Pasta Bar	Jacket Potato	Jacket Potato
<b>Dessert</b>	Apple and Cinnamon Crumble and Custard	Chocolate Chip Sponge with Chocolate Sauce	Homemade Trifle	Sticky Toffee Pudding with Toffee Sauce	Iced Flapjack

Available daily will be assorted filled baguettes, baked bread, salad bar, fresh fruit, yogurt bar and a selection of cold desserts